



May to July 2013 Edition

11th IFKKA Australian Open Championships

21 st IFKKA Australian Open Championships 19 th May 2013				
Sanbon Shobu (Point Sparring) Elimination Event				
Division	1 st Place	2 nd Place	3 rd Place	
U6 Beginners	Anthony Zantoun Dulwich Hill	Alessandro Zaia KKC Karate	A Patterson KLC Karate	
7-8 yrs Beginners	Luka Welchman Dulwich Hill	Gabriel Madden Dulwich Hill	Kaiser Luburic Kuro Obi	
8 and under Novice	Keagan Tran KKC Karate	Klim Tsoutsman Kuro Obi	K Ehrenbrandtner Kuro Obi	
9 to 12 Beginners	Christian Eid Dulwich Hill	Khalil Boudib Dulwich Hill	Zein Hamoud Dulwich Hill	
9 to 12 Novice	Taylia Newlyn Kuro Obi	Nisha Hewitt KKC Karate	Dean Kos Tempe	
9 to 12 Intermediate	Natalie Ilevska KKC Tempe	A Noujaim Dulwich Hill	Bianca Basile KKC Karate	
12 to 14 Advanced	Robbie Simmons KKC Karate	Eddy Noujaim Dulwich Hill	Matthew Basile KKC Karate	
Adult Beg Male	Wade Hobbs KKC Karate	Tim Russell Kuro Obi	Sky Heo KKC Karate	
Adult Novice/ Inter Female	Frances Moore KKC Karate	Dianne Beatty KKR	Colleen Estjoy KKC Karate	
Adult Novice / Inter Male	Ramin Monzavi KKR	Chris Spencer Tempe	Jack Britton Kuro Obi	
Adult Advanced	Alex Vij Kuro Obi	B Cunningham GKR	Ben Osland Kuro Obi	
Individual Round Robin Point Sparring				
Division	1 st Place	2 nd Place	3 rd Place	
Adult Novice / Inter Female	Frances Moore KKC Karate	Caftin Ayoub KKR	Dianne Beatty KKR	
Adult Novice / Inter Male	R Monzavi KKR	Chris Spencer Tempe	Tom Britton Kuro Obi	
12 to 15 Advanced	R Simmons KKC Karate	Eddy Noujaim Dulwich Hill	Feron Yee KKR	
Full Contact Sparring				
Division	1 st Place	2 nd Place	3 rd Place	
Colts Male	Alex Vij Kuro Obi	Marco Ilevski Tempe		
Adult Female	Caftin Ayoub KKR	Dianne Beatty KKR		
Adult Novice Male	Alex Carr Kuro Obi	Xinzhou Wang Tempe		
Adult Adv BB Male	Tom Britton Kuro Obi	Simon Allaway Kuro Obi	B Cunningham GKR	
TEAMS Round Robin Point Sparring				
Division	1 st Place	2 nd Place	3 rd Place	
Under 7's Beginner/Novice	DHKKC3 Daniella Antoun Anthony Antoun Kyle Tran	KKC11 Mia Di Giacomo A Patterson Alessandro Zaia	KKC10 Nicholas Debelja Ashly Howse Josyua Hennessy	
7-9yrs Novice	K04 Soraya Newlyn Murray Cooper Klim Tsoutsman	KKC3 Jonathan Fabi Gabriel Goff Gary Gollan	K05 K Ehrenbrandtner Julian Martinnelli Taylia Newlyn	
8 to 12 Beginners	DH3 Elyssa Antoun Gabriel Madden Luka Welchman	DH4 Christian Eid Khalil Boudib Zein Hamoud	DHKKC4 Anastacia Morcos Tara Di Giacomo Ana Honore	
TEAMS Round Robin Point Sparring				
Division	1 st Place	2 nd Place	3 rd Place	
9 to 14 Novice/Inter	DH1 Rhyss Ryan Anthony Faris Ar Noujaim	KK4 Noah Mardoquio Bianca Basile Nisha Hewitt	T / KKR Natalie Ilevska Winton Yee	
Adult Beginners Male	KKC2 Wade Hobbs Sky Heo Greg Gregory	K02 Tim Russell Peter Lamm	K01 James Fang Alex Carr	
Adult Advanced	KO / GKR Alex Vij Tara Hordern B Cunningham	T Marco Ilevski Karl Murr	K04 Ben Osland Simon Allaway	

What a great day was had by all at the IFKKA Championships held on 19th May 2013. Whilst entry numbers were down on previous years, we were treated to some great demonstrations of points and full contact sparring with some bouts being very close.

You should all be proud of yourselves; I always enjoy watching & refereeing the students, seeing how much you have improved. Congratulations to all who entered the tournament whether you placed or not, the aim is to do your best and practise what you learn in the dojo and have fun. Well done!

Also thank you so much to all the helpers, whether on the day or with the set up etc. you generously donated your time, without you there is no event,
Thank You!



Pictured above some of the competitors, followed by table officials and then ring officials. Thank you all for your support.

IFKKA Interclub Championships Round 2
Sunday 30th June 2013



It was a great day and our first ever IFKKA Individual & Teams Kata Tournament held in Australia. Well done to all of the students who entered. We had 72 competitors in all. Everyone worked really hard and you could see that in the katas demonstrated. Well Done! We were also treated to the black belts performing their kata in preparation for the upcoming world Championships in March 2014.

Thank you to all who helped with the setting up, working on the tables, refereeing/judging and packing up. Without you all helping we can't have these events. Results below.

IKFKA Interclub Round 2 - 30 th June 2013 Results			
Kata Individual	1 st Place	2 nd Place	3rd Place
Senior - Black Belts	Ben Osland KURO OBI	Shaharin Yussof KURO OBI	Jenny Fuller KKC KARATE
Senior - 4 th Kyu to 1 st Kyu	Robbie Simmons KKC KARATE	Alex Vij KURO OBI	Eddy Noujaim DULWICH HILL
Jnrs 7yrs & under - up to 9 th Kyu	Axel Kos TEMPE	Monet Lowe KURO OBI	Michael Grech KURO OBI
Juniors - 6 th Kyu & 5 th Kyu	Soraya Newlyn KURO OBI	Daniel Milburn KKC KARATE	Keagan Tran KKC KARATE
Senior - 6 th Kyu & 5 th Kyu	Charlotte Tipple KURO OBI	Colleen Estigoy KKC KARATE	Chris Spencer TEMPE
Jnrs 7 & 9 yrs – up to 9 th Kyu	Anais Lowe KURO OBI	Max Rogers TEMPE	Jonathan Fabi KKC KARATE
Senior - up to 9 th Kyu	Adrian Cutrupi KURO OBI	Wade Hobbs KKC KARATE	Tim Russell KURO OBI
Juniors - 8 th Kyu & 7 th Kyu	Julian Martinelli KURO OBI	Kyle Tran KKC KARATE	Murray Cooper KURO OBI
Seniors - 8 th Kyu & 7 th Kyu	Tara Hordern KURO OBI	Phillip De Pasquale KURO OBI	Alexander Thomas KKC KARATE
Kata Teams	1 st Place	2 nd Place	3rd Place
Senior - Brown & Black Belts	KO1 S Nakamura-Simms Ben Osland Shaharin Yussof	KKC/T Jenny Fuller Robbie Simmons Franc Pujono	KO2 S Nakamura-Simms Ben Osland Alex Vij
Junior - up to 7 th Kyu	KKC2 Gabriel Zamattia Gabriel Fabi Jonathan Fabi	T2 Dean Kos Joel Xipakis Max Rogers	KKC7 Aiden Webb Kyle Tran Anastacia Morcos
Senior - Up to 7 th Kyu	KO5 Tara Hordern Alex Carr Phillip De Pasquale	KKC5 Wade Hobbs Sung Kwan Heo Paul Morcos	KKC8 April-Rose Moniaci Nisha Hewitt Alexander Thomas
Senior - 6th Kyu to 3rd Kyu	KO1 Charlotte Tipple Tom Britton Jack Britton	KKC10 Lauren Moniaci Alex Parekh Colleen Estigoy	TDH1 Eddy Noujaim Alex Noujaim Chris Spencer
Junior - 6 th Kyu to 3 rd Kyu	KKC9 Daniel Milburn Keagan Tran Noah Mardoquio	KO7 Murray Cooper Soraya Newlyn Klim Tsoutsman	KO2 Taylia Newlyn Soraya Newlyn Klim Tsoutsman

IFKKA Interclub Tournament Series 2013

(Be sure to put these date in your diary)

Round 3 Sunday 15th September – 1.30pm Tempe Dojo – Ind & Teams Clicker Kumite
Round 4 Sunday 27th October – **10am to 2pm (new time)** Tempe Dojo – Individual & Teams Kata

To be eligible for the Interclub champion series award you must compete in 3 of the 4 events.

For Clicker Kumite the following equipment is:

Compulsory: Clean Dogi with appropriate badges, mouth guard, groin guard (males), white shin & instep protectors, white mitts, instep protectors & mitts. All mitts and instep protectors as approved by the IFKKA.

Optional: Chest guards (females)

Optional: Chest guards (remains)
Juniors 8 years and under all equipment optional except for a mouth guard.

June Sydney Grading Results

Well done and congratulations to all on your new grades achieved. Osu!

Kyu Grade	Name	Kyu Grade	Name	Kyu Grade	Name
5 th	Colleen Estigoy KKC Karate	8 th	Danny Lai KKC Karate	10 th	Christian Eid Dulwich Hill
5 th	Frances Moore KKC Karate	8 th	Bradley Lewis KKC Karate	10 th	Zein Hammoud Dulwich Hill
5 th	Alexander Noujaim Dulwich Hill	8 th	Paterson Lewis KKC Karate	10 th	Sungkwan Heo KKC Karate
5 th	Kris Parekh KKC Karate	8 th	Anastacia Morcos KKC Karate	10 th	Wade Hobbs KKC Karate
5 th	Charlotte Tipple Kuro Obi	8 th	Luka Welchman Dulwich Hill	10 th	ZaneHonore Dulwich Hill
5 th	Lauren Moniaci KKC Karate	8 th	Ben Brewer Kuro Obi	10 th	Axyl Howie KKC Karate
6 th	Anthony Faris Dulwich Hill	8 th	Alex Carr Kuro Obi	10 th	Laurie Liston Dulwich Hill
6 th	Shaam Gupta Tempe	8 th	Phil De Pasquale Kuro Obi	10 th	Andrea Pinto Dulwich Hill
6 th	Daniel Milburn KKC Karate	8 th	Kaiser Luburic Kuro Obi	10 th	Gabriel Zamattia KKC Karate
6 th	Keagan Tran KKC Karate	9 th	Jake Bradley KKC Karate	10 th	Mia Zamattia KKC Karate
6 th	Chris Rosiak Kuro Obi	9 th	Gabriel Fabi KKC Karate	10 th	Anthony Broockman Kuro Obi
6 th	Taylia Newlyn Kuro Obi	9 th	Jonathan Fabi KKC Karate	10 th	Alex Cassar-Russell Kuro Obi
6 th	Sam Waddington KKC Karate	9 th	Khali Boudib Dulwich Hill	10 th	James Fang Kuro Obi
6 th	Soraya Newlyn Kuro Obi	9 th	Lucy Huang KKC Karate	10 th	Peter Lammi Kuro Obi
7 th	Tom Fishwick Dulwich Hill	9 th	Axel Kos Tempe	10 th	Anais Lowe Kuro Obi
7 th	James Nguyen KKC Karate	9 th	Gabriel Madden Dulwich Hill	10 th	Monet Lowe Kuro Obi
7 th	Joel Xipakis Tempe	9 th	Paul Morcos KKC Karate	10 th	Finley McDonell Kuro Obi
7 th	Danny Diaz Kuro Obi	9 th	James Vertannes KKC Karate	10 th	Casimir Nolan Kuro Obi
7 th	Tara Hordern Kuro Obi	9 th	Michael Grech Kuro Obi	10 th	Flynn Quigley Kuro Obi
7 th	Kai Ehrenbrandtner Kuro Obi	9 th	Aaron Lacey Kuro Obi	10 th	Molly Quigley Kuro Obi
7 th	Julian Martinelli Kuro Obi	9 th	Kyle Walker Kuro Obi	10 th	Tim Russell Kuro Obi
8 th	Mia Di Giacomo KKC Karate	10 th	Anthony Antoun Dulwich Hill	10 th	Donna Ayoub Dulwich Hill
8 th	Tara Di Giacomo KKC Karate	10 th	Natnee Buppapirak KKC Karate	10 th	Alexander Patterson KKC Karate
8 th	Dean Kos Tempe				

Next **junior grading** will be held in the first week of September, the next **senior grading** for those sitting 4th kyu and above will be held on Sunday 29th September at Petersham dojo. Check with your instructor for details and to confirm your eligibility.

11 Mottoes of Mas Oyama

Sosai Masutatsu Oyama summed up his entire Martial Arts philosophy in these 11 mottoes, also known as the *Zayu no Mei Juichi Kajo*, which are central in his teaching. Many of these hold very practical application even today.

1. The Martial Arts way begins and ends with courtesy. Therefore, be properly and genuinely courteous at all times.
2. Following the Martial Way is like scaling a cliff - continue upwards without rest. It demands absolute and unfaltering devotion to the task at hand.
3. Strive to seize the initiative in all things, all the time guarding against actions stemming from selfish animosity or thoughtlessness.
4. Even for the Martial Artist, the place of money cannot be ignored. Yet one should be careful never to become attached to it.
5. The Martial Way is centred on posture. Strive to maintain correct posture at all times.
6. The Martial Way begins with one thousand days and is mastered after ten thousand days of training.
7. In the Martial Arts, introspection begets wisdom. Always see contemplation on your actions as an opportunity to improve.
8. The nature and purpose of the Martial Way is universal. All selfish desires should be roasted in the tempering fires of hard training.
9. The Martial Arts begin with a point and end in a circle. Straight lines stem from this principal.
10. The true essence of the Martial Way can only be realised through experience. Knowing this, learn never to fear its demand.
11. Always remember: in the Martial Arts, the rewards of a confident and grateful heart are truly abundant.

You should also be familiar with dojo etiquette at this stage. If not, I suggest you read your student manual.

Code of Conduct (Dojo Etiquette & Procedures) in all dojo the students have a code of conduct which is known as the Dojo Etiquette and Procedures. By virtue this extends to others in the dojo or at any sanctioned event e.g. tournaments, camps etc. It is the role of the senior grades to keep the junior grades in order or to refer the matter to the instructor of their school or another school within our organisation (IFKKA). Unless authorised under no circumstances are parents &/or friends of other students to intervene with the discipline of another student.

Remember the first of the 11 mottoes of Mass Oyama:

The Martial Arts way begins and ends with courtesy. Therefore, be properly and genuinely courteous at all times.

If we live and act by this motto, that should limit the need for discipline refer to your student manual for a copy of the Dojo Etiquette & Procedures.

Important Dates for 2013 be sure to put them in your diary			
Aug	Wed 14 th to Sun 18 th	British Kyokushin Karate Summer Camp	Felsted, Essex UK
	Sunday 18 th	AMAC Queensland Round 3	
	Sun 25 th	Drummoine Public School Fete Demonstration new item	Drummoine
Sept	1 st week	Junior Grading – Sydney. Melbourne & Brisbane To be advised	TBA
	Sunday 8 th	AMAC NSW State Titles	
	Sun 15 th	IFKKA Interclub Tournament Round 3 - Clicker Kumite Individual & Teams Note this is a date change	Tempe
	Sunday 29 th	IFKKA Senior Grading Sydney	Petersham
Oct	Sat 5 th & Sun 6 th	Kyokushin World Union Tournament	Sofia, Bulgaria
	Sunday 13 th	AMAC Queensland State Titles	
	Sunday 13 th	AMAC Victorian State Titles	
	Sun 27 th	IFKKA Interclub Tournament Round 4 - Kata Individual & Teams. New time 10am	Tempe Dojo
Nov	Saturday 23 rd	IFKKA EOY Karate Christmas Party – TBA	Sydney
	Saturday 30 th	AMAC National Titles	Qld
Dec	Sunday 1 st		
	Sunday 8 th	Junior Grading – Sydney. Melb & Bris To be advised	
Important Dates for 2014			
March	Sat 15 th March	4 th IFK World Tournament Kata	Belgium
April	11 th , 12 th & 13 th	IFKKA Annual Camp	Heathcote
Important Dates for 2015			
TBA		Black Belt Camp	Holland

AMAC Sydney Round 3 Sunday 28th July 2013



Recently the team preparing for the 4th IFK World Kata Championships to be held in Belgium next March, entered round 3 AMAC Sydney. Whilst this event wasn't a tournament run

along IFK Kata rules it gave the team some competition pressure and experience.

We had Team Jenny, Team Shah and Team Marcel, which finished 4th, 3rd and 1st respectively. Then in the individual Advanced / Black Belt division Sensei Shah came 3rd and Sensei Jenny came 2nd. Then in the veterans (over 35years) Sensei Jenny came 2nd. It was good fun getting up, but I must admit I really like the team kata, very challenging. OSU! Pictured above Sensei Shah, Sensei Jenny, Senpai Marcel, Senpai Shigemi and Shihan Doug. Senpai Ben was away so we will be seeing him in action later in the year.

With the teams preparation well underway to attend the 4th World IFK Kata Championships, thank you so far to the people who have sold / purchased the Cadbury fundraiser confectionary. I am sure more are on the way!

To assist with funding of this trip the IFKKA needs sponsors, if you can help by donating goods or services that we can raffle that would be great. Please give me a call on 0410 339 842 or talk to your instructor, all offers will be appreciated. **Thank you!**