



# IFKKA NEWS



International Federation of Karate Kyokushinkai Australia Inc. (IFKKA)

January to April 2013 Edition

**FROM SHIHAN DOUG TURNBULL** Thank you to Sensei Jenny for organising the event and to all of those great workers that have helped at our recent Bunning's BBQ fundraising held on 24<sup>th</sup> February. Your efforts and support are greatly appreciated. The funds raised will help to support our people travelling to interstate events such as the AMAC Australian Titles that will be held in Queensland this year, also overseas to participate in the British Karate Kyokushinkai (BKK) training camp with Hanshi Steve Arneil in August and the 4<sup>th</sup> IFK Kata Championships to be held in Belgium in March 2014.



Bianca & Matthew Basile pictured left with their mother Victoria and Sensei Jenny attended the BKK training camp last August. Attending international karate camps helps our organisation develop and grow. Through our ongoing fundraising activities we were able to assist with their travel costs. If you are

want to compete in approved karate tournaments interstate or overseas, attend an international Kyokushin or approved karate training camps talk to your instructor with regard to how the IFKKA may be able to assist you.

We have a big year of events this year with our own IFKKA Open Tournament on 19<sup>th</sup> May and a full series of Interclub tournaments where our own people can hone their skills. Our camp this year was earlier than last year to take advantage of the cooler April weather and it was a great success.

## IFKKA Interclub Championships Round 1 - Sunday 3<sup>rd</sup> March 2013

What an exciting start to our Sydney IFKKA Interclub Tournament series with Individual & Teams Clicker Kumite. We had 73 students (pictured top right) entered and this was the first ever teams Clicker Kumite event held in Australia. The sparring was very exciting and it is really great to watch the students compete and improve in their karate skills.

Well done to all who competed and thank you to all who helped with the setting up, working on the tables, refereeing/judging and packing up. Without you all helping we can't have these events. Full results below **OSU!**



## IFKKA Interclub Tournament Series 2013

(Be sure to put these date in your diary)

- Round 1**-Sunday 3<sup>rd</sup> March-1.30pm Tempe Dojo-Individual & Teams Clicker Kumite
  - Round 2** - Sunday 30<sup>th</sup> June - 1.30pm Tempe Dojo - Individual & Teams Kata
  - Round 3** Sunday 15<sup>th</sup> September - 1.30pm Tempe Dojo - Ind & Teams Clicker Kumite
  - Round 4** Sunday 27<sup>th</sup> October - 1.30pm Tempe Dojo - Individual & Teams Kata
- To be eligible for the Interclub champion series award you must compete in 3 of the 4 events.

### For Clicker Kumite the following equipment is:

**Compulsory:** Clean Dogi with appropriate badges, mouth guard, groin guard (males), white shin & instep protectors, white mitts, instep protectors & mitts. All mitts and instep protectors as approved by the IFKKA.

**Optional:** Chest guards (females)

Juniors 8 years and under all equipment optional except for a mouth guard.

## IFKKA 11<sup>th</sup> Australian Open Championships is coming

The International Federation of Karate Kyokushinkai Australia Inc. presents  
**The 11th IFKKA Australian Open Championships**  
 Point Sparring (Individual and Teams) and Full Contact Individual  
**Sunday 19th May 2013**  
 JUNIOR CHECK-IN TIME : 8:00am - 8:30am  
 ADULT CHECK-IN TIME : 8:30am - 9:00am  
 Tournament starts 9:30am  
 Debbie and Abby Borgia Centre, 531 Illawarra Rd, Marrickville

Get ready; this is our premier event for the year the opportunity to compete in the **IFKKA Australian Open Championships** in points sparring both individual (elimination), teams (round robin) and for 15 years and older individual full contact events. Get your entry form in soon and start practising.



**AMAC sanctioned**  
 Quality for AMAC State and National Titles  
 IFKKA Competition Rules  
<http://www.ifk-australia.com/rules.pdf>

**SPECTATOR ENTRY FEES**  
 Adults \$10 per person \$10.00  
 Child \$5.00  
 Free

**Enquiries**  
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We also urgently need your help in running this event as we usually have 4 matted sparring areas. We need people to help with the set up on the Saturday night, working on the tables on the Sunday and of course the best job of all: the pack up Sunday afternoon. Talk to your instructor today to offer a couple of hours help.

## IFKKA Management Committee

This is to advise all students of the IFKKA that at the recent Annual General Meeting held on Saturday 27<sup>th</sup> April 2013 there was a change to the management structure of the IFKKA. Sensei Jenny Fuller has been elected to the position of President of the IFKKA and Shihan Doug Turnbull has been elected to the position of Vice President.

Shihan Doug has been instrumental in running the IFKKA since 1995 and has achieved much in that time. He will still have an active role on the Committee and in the position of Vice President and will be assisting Sensei Jenny in a smooth transition of duties.

- President:** Jenny Fuller (Sensei)
- Vice-President:** Doug Turnbull (Shihan)
- Secretary:** Shaharin Yusoff (Sensei) & IFK Country Representative.
- Treasurer:** Andrew Keenan
- Ordinary Committee Members:** Andre Noujaim (Senpai), Ben Osland (Senpai), Marcel Saunders (Senpai) and Shigemi Nakamura-Simms (Senpai).

Sunday 3 <sup>rd</sup> March 2013 - Round 1				
	1 <sup>st</sup> Place	2 <sup>nd</sup> Place	Equal 3 <sup>rd</sup> Place	Equal 3 <sup>rd</sup> Place
<b>Clicker Kumite Individual</b>				
under 8 yrs ungraded	Flynn Quigley Kuro Obi	Molly Quigley Kuro Obi	Anthony Brookman Kuro Obi	Gabriel Madden Dulwich Hill
under 8 yrs 10 <sup>th</sup> & 9 <sup>th</sup> Kyu	Connor Ogle KKC Karate	Anastacia Morcos KKC Karate	Kaiser Luburic Kuro Obi	Jakob Derrington Tempe
under 8yrs- 8 <sup>th</sup> & 7 <sup>th</sup> Kyu	Sam Waddington KKC Karate	Keagan Tran KKC Karate	Daniel Milburn KKC Karate	Murray Cooper Kuro Obi
9 to 13 yrs up to 8 <sup>th</sup> Kyu	Rhys Ryan Dulwich Hill	Giacomo Degotardi Kuro Obi	Liam Rice KKC Karate	Angus Prott Kuro Obi
9 to 13yrs 7 <sup>th</sup> to 5 <sup>th</sup> yu	Eddy Noujaim Dulwich Hill	Lauren Moniaci KKC Karate	Nisha Hewitt KKC Karate	Noah Mardoquio KKC Karate
Snr up to 8 <sup>th</sup> Kyu	Phil De Pasquale Kuro Obi	Dominic Palanca Dulwich Hill	Alexander Carr Kuro Obi	Scott Harris KKC Karate
Snr Int 7 <sup>th</sup> - 5 <sup>th</sup> Kyu	Tom Britton Kuro Obi	Charlotte Tipll Kuro Obi	Natalie Belousova Kuro Obi	Gary Huang KKC Karate
Snr 4th to 1st Kyu	Marco Ilievski Tempe	Chris Rosiak Kuro Obi	Tara Hordern Kuro Obi	Franc Pujono Tempe
<b>Clicker Kumite Teams</b>				
under 10yrs up to 7 <sup>th</sup> Kyu	KKC Karate 3 Kyle Tran Paterson Lewis Connor Ogle Sam Waddington Max Roges	Kuro Obi 1 Anthony Brookman Kaiser Luburic Kai Ehrenbrandtner Julian Martirelli Murray Cooper	Tempe / Kuro Obi 1 Molly Quigley Jakob Derrington Axel Kos Joel Xipakis Felix Newey	Dulwich Hill / Kuro Obi 1 Gabriel Madden Flynn Quigley
11 - 13yrs up to 6 <sup>th</sup> Kyu	Kuro Obi / Dulwich Hill1 Arnaud Muscat Chloe Harman Rhys Ryan Angus Prott Giacomo Degotardi	KKC Karate / Dulwich Hill1 Gabriel Fabi Anthony Faris Tia Sweeney Nisha Hewitt Alexander Thomas	KKC Karate 4 Noah Mardoquio Jonathan Fabi James Nguyen Lauren Moniaci Liam Rice	Tempe / Dulwich Hill1 Dean Kos Shaam Gupta Alex Noujaim Greer Newey Natalie Ilievksa
Senior Novice up to 8 <sup>th</sup> Kyu	Kuro Obi 3 Phil De Pasquale Kyle Walker Jack Britton	KKC Karate / Dulwich Hill2 Dominic Palanca Rocco Criscitelli Matthew Dobson	Kuro Obi 4 Alexander Carr Hamish Prott Natalie Belousova	Kuro Obi 2 Ben Brewer Charlotte Tiplle Tom Britton
Senior 7 <sup>th</sup> to 2 <sup>nd</sup> Kyu	Kuro Obi 5 Tara Hordern Chris Rosiak	KKC Karate / Dulwich Hill3 Douglas Chthor Eddy Noujaim Gary Huang	Tempe Daniel Ilievski Marco Ilievski Franc Pujono	

# KARATE Camp 2013

What a great weekend we had at the recent IFKKA Karate Camp held from Friday 12<sup>th</sup> to Sunday 14<sup>th</sup> April at Heathcote NSW. A weekend jam-packed with great karate, and thank you to Sharon Turnbull (AKA Mrs Shihan) and her helpers in the kitchen for all of the great food. We had 64 students and parents attend this year's camp and every year it is getting bigger and better.

This year's camp T-shirt was green and it seems a popular choice. I wonder what next year's colour and design will be? The Camp for 2014 will be held on the 11<sup>th</sup>, 12<sup>th</sup> & 13<sup>th</sup> April, put that date in your diary so you don't miss out



## Bunning Barbeque Sunday 23<sup>rd</sup> February 2013



We started off at 7.30am with loads of enthusiasm (see picture of the first shift) with a target of 1,000 sausages to sell and plenty of soft drinks to wash that down with. Fingers crossed for a good day as we had been having awful weather and a terrible storm the night prior. In the end we managed approx 850 sausages, not a bad effort and raising \$1,500, for the IFKKA. This was down on our last effort, but still a great outcome.

Thank you to all of the helpers from people who volunteered their time on the day and those who lent us Eskys etc. it was a great effort and without you all we would not have been able to put this together. OSU!

## Kempo Ryu Tournament Sunday 24<sup>th</sup> March 2013



Simms (Kuro Obi) who all performed well on the day.

Well done & Congratulations to all who competed!

The IFKKA were recently invited to compete at the Kempo Ryu tournament held at Homebush. Pictured left are Alex Carr (Kuro Obi) Chris Rosiak (Kuro Obi) Bianca & Matthew Basile (KCC Karate) and Senpai shigemii

I recently received an email from one of my students' parents and she thought you might enjoy this. Sensei Jenny

### The Dojo

*"A dojo is a miniature cosmos where we make contact with ourselves - our fears, anxieties, reactions, and habits.*

*It is an arena of confined conflict where we confront an opponent who is not an opponent but rather a partner engaged in helping us understand ourselves more fully.*

*It is a place where we can learn a great deal in a short time about who we are and how we react in the world.*

*The conflicts that take place inside the dojo help us handle conflicts that take place outside.*

*The total concentration and discipline required to study martial arts carries over to daily life.*

*The activity in the dojo calls on us to constantly attempt new things, so it is also a source of learning - in Zen terminology, a source of self-enlightenment."*

Joe Hyams 'Zen in the Martial Arts' 1979 - original source Michael Gerber 'The E Myth Revisited' 2001

## Australian Martial Arts Championships (AMAC) Sydney Round 1

This was held on Sunday 10<sup>th</sup> March. What a great day with students from all of the Sydney IFKKA Dojo represented. Unfortunately due to technical hitches the day was very long, but I have been assured that this is all rectified and round 2 will run smoother (fingers crossed).

Well done to all of the students who participated and the results for the IFKKA students are listed below. Round 2 will be on Sunday 26<sup>th</sup> May.

Forms Traditional - Hard	Freestyle Sparring	Points Sparring
<b>Peevees 7 yrs and under</b>	<b>8-10 yrs Beg/Intermediate</b>	<b>8-10 yrs Beg/Intermediate</b>
2 <sup>nd</sup> Soraya Newlyn Kuro Obi	1 <sup>st</sup> Keagan Tran KCC Karate	1 <sup>st</sup> Keagan Tran KCC Karate
4 <sup>th</sup> Murray Cooper Kuro Obi	4 <sup>th</sup> Murray Cooper Kuro Obi	2 <sup>nd</sup> Murray Cooper Kuro Obi
<b>8-10 yrs Beginner</b>	<b>8-10 yrs Intermediate</b>	<b>8-10 yrs Intermediate</b>
2 <sup>nd</sup> Keagan Tran KCC Karate	2 <sup>nd</sup> Taylia Newlyn Kuro Obi	1 <sup>st</sup> Taylia Newlyn Kuro Obi
<b>8-10 yrs Adv/Black</b>	<b>11-12 yrs Beg/Intermediate</b>	<b>8-10 yrs Adv/Black</b>
3 <sup>rd</sup> Alex Noujaim Dulwich Hill	1 <sup>st</sup> Matthew Basile KCC Karate	2 <sup>nd</sup> Alex Noujaim Dulwich Hill
<b>14-15 yrs Adv/Black</b>	<b>13-15 yrs Adv/Black Male</b>	<b>11-12 yrs Beg/Intermediate</b>
3 <sup>rd</sup> Robbie Simmons KCC Karate	3 <sup>rd</sup> Robbie Simmons KCC Karate	1 <sup>st</sup> Bianca Basile KCC Karate
<b>Adult Beginner</b>	<b>Adult Beg/Inter Female</b>	3 <sup>rd</sup> Matthew Basile KCC Karate
2 <sup>nd</sup> Charlotte Tipple Kuro Obi	1 <sup>st</sup> Charlotte Tipple Kuro Obi	<b>13-15 yrs Adv/Black Male</b>
<b>Veterans All grades</b>	<b>Sword Combat</b>	1 <sup>st</sup> Robbie Simmons KCC Karate
4 <sup>th</sup> Franc Pujono Tempe	<b>Peevees 7 Yrs &amp; under</b>	<b>Adult Beg/Inter Female</b>
<b>Sumo</b>	1 <sup>st</sup> Kyle Tran KCC Karate	2 <sup>nd</sup> Charlotte Tipple Kuro Obi
<b>8-9 yrs</b>	2 <sup>nd</sup> Soraya Newlyn Kuro Obi	<b>Veterans All grades Male</b>
1 <sup>st</sup> Keagan Tran KCC Karate	<b>10-12 yrs Male</b>	4 <sup>th</sup> Franc Pujono Tempe
2 <sup>nd</sup> Taylia Newlyn Kuro Obi	2 <sup>nd</sup> James Nguyen KCC Karate	
3 <sup>rd</sup> Kilmenty Tsoutsman Kuro Obi	3 <sup>rd</sup> Matthew Basile KCC Karate	
<b>10-12 yrs Male</b>	<b>10-12 yrs Female</b>	
4 <sup>th</sup> Matthew Basile KCC Karate	2 <sup>nd</sup> Bianca Basile KCC Karate	
<b>10-12 yrs Female</b>	<b>16-17 yrs All grades Male</b>	
2 <sup>nd</sup> Bianca Basile KCC Karate	4 <sup>th</sup> Eddy Noujaim Dulwich Hill	
<b>13-15 yrs Male</b>		
1 <sup>st</sup> Eddy Noujaim Dulwich Hill		

## Japanese Martial Arts Championships JMCA 20th April 13



Well done to Soraya (pictured right) and Taylia (pictured centre) Newlyn for being selected to compete at the JMCA tournament held recently at Ariake Stadium, Tokyo, Japan. Sounds as though they had a wonderful trip details below from their mother Jess.

The most wonderful part of this trip is the invaluable experience for Taylia and Soraya to participate in an overseas tournament. She is proud of Taylia and Soraya's effort. Taylia came in 1st in Kata and Soraya came in 3rd place in Kata and 2nd place in Point Sparring. Both have set their goal on this tournament since last year, and I am just so happy they've achieved that, and more. Well done girls!

During our holiday in Japan, we experienced the Japanese way of life and witness the respect and pride they have for their very interesting and very clean city! We love their polite and helpful mannerisms even during peak hours at the train station - no one bumps into anyone despite the crowd and rush!! It was great to be greeted cheerfully when you enter their shop, the amazing different types of sushi available and all the different sweets and treats!

We managed to see some Cherry Blossoms and Wisteria (their Wisteria season starts now). We went to Harajuku for people watching, Ueno Zoo for pandas of all colours (even red ones), visited Hakone and the geysers, Shrines, aquarium at Sunshine City, and the famous 5 storey shop called Tokyo Hands, Disneyland & Disney Sea.

## March Junior Grading 2013

Find below the results of the March junior grading for the Sydney Dojos. Well done to you all on your new grades achieved.

Kyu Grade	Name	Kyu Grade	Name	Kyu Grade	Name
5 <sup>th</sup>	J Britton Kuro Obi	8 <sup>th</sup>	R Criscitelli KCC Karate	9 <sup>th</sup>	C Ogle KCC Karate
5 <sup>th</sup>	T Britton Kuro Obi	8 <sup>th</sup>	G Degotardi Kuro Obi	9 <sup>th</sup>	A Webb KCC Karate
5 <sup>th</sup>	N Ilievska Tempe	8 <sup>th</sup>	R Gollan KCC Karate	9 <sup>th</sup>	L Welchman Dulwich Hill
6 <sup>th</sup>	T Omega KCC Karate	8 <sup>th</sup>	S Grego KCC Karate	9 <sup>th</sup>	J Xu KCC Karate
6 <sup>th</sup>	H Pratt Kuro Obi	8 <sup>th</sup>	T Hordern Kuro Obi	10 <sup>th</sup>	D Antoun Dulwich Hill
6 <sup>th</sup>	C Tipple Kuro Obi	8 <sup>th</sup>	R Ryan Dulwich Hill	10 <sup>th</sup>	E Antoun Dulwich Hill
7 <sup>th</sup>	M Dobson KCC Karate	9 <sup>th</sup>	J Bradley KCC Karate	10 <sup>th</sup>	N Debelja KCC Karate
7 <sup>th</sup>	C Estigoy KCC Karate	9 <sup>th</sup>	B Brewer Kuro Obi	10 <sup>th</sup>	G Harris KCC Karate
7 <sup>th</sup>	F Moore KCC Karate	9 <sup>th</sup>	A Carr Kuro Obi	10 <sup>th</sup>	A Honoré Dulwich Hill
7 <sup>th</sup>	A Pratt Kuro Obi	9 <sup>th</sup>	P De Pasquale Kuro Obi	10 <sup>th</sup>	A Lacey Kuro Obi
7 <sup>th</sup>	C Rosiak Kuro Obi	9 <sup>th</sup>	S Di Pino KCC Karate	10 <sup>th</sup>	G Madden Dulwich Hill
7 <sup>th</sup>	I Urquijo KCC Karate	9 <sup>th</sup>	G Gregory KCC Karate	10 <sup>th</sup>	D Palanca Dulwich Hill
7 <sup>th</sup>	M Walker KCC Karate	9 <sup>th</sup>	E Hanna Dulwich Hill	10 <sup>th</sup>	D Patrick KCC Karate
7 <sup>th</sup>	X Wang Tempe	9 <sup>th</sup>	L Midis KCC Karate	10 <sup>th</sup>	A Zaia KCC Karate

## March Senior grading Sunday 17<sup>th</sup> March 2013

The senior grading was recently held at Petersham dojo below are the results for the grading with a picture of the participants. They don't look as though they have been doing karate for more than 5 hours. But they have, how many push ups was that again? 200 plus!!

Senior gradings are only held twice a year usually in March and September, so get ready for the next one start practising those push ups, squats, crunches etc. and don't forget your techniques & kata too

Grade	Name Dojo	Grade	Name Dojo
Sandan	Jennifer Fuller KCC Karate	3 <sup>rd</sup> Kyu	Matthew Basile KCC Karate
Nidan	Ben Osland Kuro Obi	4 <sup>th</sup> Kyu	Daniel Ilievski Tempe
1 <sup>st</sup> Kyu	Franc Pujono Tempe	4 <sup>th</sup> Kyu	Eddy Noujaim Dulwich Hill
2 <sup>nd</sup> Kyu	Robbie Simmons KCC Karate	4 <sup>th</sup> Kyu	Douglas Chhor KCC Karate
3 <sup>rd</sup> Kyu	Marco Ilievski Tempe	4 <sup>th</sup> Kyu	Bianca Basile KCC Karate



**Congratulations & well done to all on achieving your new grades**

## AROUND THE DOJOS

**Tempe** - Congratulations and well done to all who participated in our Interclub tournament series held in our own Tempe Dojo. The experience of participation shows in your training and helps you in the preparation for your next grading and of course helps you to get as much experience in before our own IFKKA Teams and Individuals tournament at Marrickville on 19<sup>th</sup> May.

**KCC Karate Five Dock** – just to remind everyone, that we now have an adult class on **Saturday 11.30 to 1.30pm** bring your joggers, training t-shirt, a towel, drink bottle and loads of enthusiasm as this is not a class for the faint hearted. Starts off easy but then it will creep up on you, just when you least expect it. Always be sure to check the website for news and class times [www.KKCKarate.com.au](http://www.KKCKarate.com.au)

### Kaizen – Melbourne

We had our first IFKKA Melbourne grading last December at Kaizen dojo, Sensei Jenny came to Melbourne to conduct the grading for Senpai Marcel on Sunday 23<sup>rd</sup> December. Pictured right Sensei Jenny, Marley Saunders, Tokaya Saunders and Senpai Marcel. Well done to you both.



### Important Dates for 2013

Month	Date	Event	Location
May	Sunday 19 <sup>th</sup>	IFKKA 11 <sup>th</sup> Annual Tournament	Marrickville
	Sunday 26 <sup>th</sup>	AMAC Sydney Round 2	Lidcombe
June	Sunday 2 <sup>nd</sup>	Junior Grading – Sydney. Melbourne & Brisbane To be advised	
	Sunday 2 <sup>nd</sup>	AMAC Queensland Round 2	
	Sun 30 <sup>th</sup>	<b>IFKKA Interclub Tournament Round 2 - Kata Individual &amp; Teams.</b>	<b>Tempe</b>
July	Sunday 28 <sup>th</sup>	AMAC Sydney Round 3	Lidcombe
	Sunday 28 <sup>th</sup>	AMAC Melbourne Round 3	
Aug	Wed 14 <sup>th</sup> to Sun 18 <sup>th</sup>	British Kyokushin Karate Summer Camp	Felsted, Essex UK
	Sunday 18 <sup>th</sup>	AMAC Queensland Round 3	
	Sun 25 <sup>th</sup>	<b>Drummoyle Public School Fete Demonstration new item</b>	<b>Drummoyle</b>
Sept	Sunday 1 <sup>st</sup>	Junior Grading – Sydney. Melbourne & Brisbane To be advised	TBA
	Sunday 8 <sup>th</sup>	AMAC NSW State Titles	
	Sun 15 <sup>th</sup>	<b>IFKKA Interclub Tournament Round 3 - Clicker Kumite Individual &amp; Teams Note this is a date change</b>	<b>Tempe</b>
	Sunday 29 <sup>th</sup>	<b>IFKKA Senior Grading Sydney</b>	Petersham
Oct	Sat 5 <sup>th</sup> & Sun 6 <sup>th</sup>	Kyokushin World Union Tournament	Sofia, Bulgaria
	Sunday 13 <sup>th</sup>	AMAC Queensland State Titles	
	Sunday 13 <sup>th</sup>	AMAC Victorian State Titles	
	Sun 27 <sup>th</sup>	<b>IFKKA Interclub Tournament Round 4 - Kata Individual &amp; Teams.</b>	<b>Tempe Dojo</b>
Nov	Saturday 23 <sup>rd</sup>	IFKKA EOY Karate Christmas Party – TBA	Sydney
	Saturday 30 <sup>th</sup>	AMAC National Titles	Qld
Dec	Sunday 1 <sup>st</sup>		
	Sunday 8 <sup>th</sup>	Junior Grading – Sydney. Melb & Bris To be advised	
Important Dates for 2014			
March	Sat 15 <sup>th</sup> March	4 <sup>th</sup> IFK World Tournament Kata	Belgium
April	11 <sup>th</sup> , 12 <sup>th</sup> & 13 <sup>th</sup>	<b>IFKKA Annual Camp</b>	<b>Heathcote</b>

Please be sure to put these dates in your diary

The International Federation of Karate Kyokushinkai Australia Inc. presents

# The 11th IFKKA Australian Open Championships

Point Sparring (Individual and Teams) and Full Contact Individual

極真空

## Sunday 19th May 2013

極真空

JUNIOR CHECK- IN TIME : 8:00am - 8:30am

ADULT CHECK- IN TIME : 8:30am - 9:00am

Tournament starts 9:30am

Debbie and Abby Borgia Centre, 531 Illawarra Rd, Marrickville



### AMAC sanctioned

Qualify for AMAC State and National Titles

IFKKA Competition Rules

<http://www.ifk-australia.com/rules.pdf>

### SPECTATOR ENTRY FEES

ADULTS (12 yrs and up) \$10.00

CHILDREN (11 and under) Free

### Enquiries

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