## International Federation of Karate Kyokushinkai Australia Inc



**Day:** Saturday 5th May 2018 **Time:** 1:00 – 5:00pm

Place: KKC Karate — 422 Lyons Rd, Five Dock NSW 2046

**BYO:** your own food / snacks, drinks, your protective gear, and loads of enthusiasm. You are going to have a great day training with some of the best.

**Early Bird Price until Wed 2nd:** \$20 IFKKA members & \$30 for non-IFKKA Members – plus Trybooking fee. Cash and bookings made after this date will cost \$10 more. Spectators will be charged 1/2 price on the day.

Book with www.trybooking.com or use this link https://www.trybooking.com/VFAT

Sensei Mark comes to us with a wealth of international training and competing experience. The training is designed for those of you who want to expand on your full contact training.

Eligibility: 11 yrs & up, all grades. If you are under 11, and very interested, speak to your instructor about whether you can or should attend.

