

IFK Australia
Kyokushin Contact
24th June 2018

INTERNATIONAL FEDERATION OF KARATE
IFK AUSTRALIA

Kyokushin World Union

Full Contact (18+)
 Cadets - (16-17)
 Juniors (11-15)*
 Padded contact (7-17)*

*conditions apply

International Federation of Karate Kyokushinkai Australia Inc.

IFK Australia Tournament Series

Sunday 24th June 2018

Full Contact Tournament

For juniors, cadets, and adults.

Padded-contact for Juniors

Where : Glebe-Leichhardt PCYC
 2-4 Minogue Cres, Glebe NSW 2037
Check-in 2pm, Start 2:30pm

Entries close : Friday 15th June 2018 Midnight

Cost : \$30 online at Trybooking.com
<https://www.trybooking.com/WEYJ>

For Knockdown Kumite the following equipment is required:

Junior Divisions: clean dogi with appropriate badges, mouth guard, groin guard (males), protective head gear (no face guard), shin & instep protectors, and mitts as approved by the IFKKA.

Padded Contact: all of the above, and foam-dipped chest-guard (head gear and chest-guard provided by the IFKKA, if you don't have your own)

Cadet Division: clean dogi with appropriate badges, mouth guard, groin guard (males), protective head gear (no face guard), and shin & instep protectors as approved by the IFKKA.

Novice adults: clean dogi with appropriate badges, mouth guard, groin guard (males), white shin & instep protectors as approved by the IFKKA.

Adult Open and Intermediate adults: clean dogi with appropriate badges, mouth guard, groin guard (males), shin & instep protectors as approved by the IFKKA.

Optional: Chest guards (females) but highly recommended, must be of separate cup type and must not cover the solar plexus.